

## The cost of some different types of loft insulation

Material	Trade Names	Cost per sq metre	Form	Comments
Sheep's Wool	Thermafleece	£9.50	roll or batt	Excellent for moisture control especially in old buildings
	Black Mountain	£7.45		UK produced, supporting sheep farmers
Hemp & recycled cotton	Isonat	£8.99	batt	Completely natural fibre, hemp UK grown
Flax	Isovlas	£8.29	roll	Completely natural fibre
Wood fibre	Homatherm woodflex Steicoflex	£6.83	batt	By product from sawmills and forest thinnings. Also good for sound insulation.
Recycled cotton fibre	Inno-Therm	£8.50	batt	For lofts and walls
Fleece made from 85% recycled plastic bottles	Eco Wool NON-ITCH	£3.57	roll	Safe, green alternative to glass fibre readily available from large DIY shops
Recycled newspaper	Warmcel 100	£2.70	loose fill	For draught-free lofts and timber floors
Recycled glass bottles & mineral fibre	Earthwool	£4.50	roll	Relatively sustainable, requires protective clothing to install
Glass fibre	Many different makes	£2.29	roll	Requires protective clothing to install

**Cost is per square metre 100 mm thick or equivalent excluding Installation and VAT.  
Prices from Natural Insulations and other sources.**